

# ANNUAL REPORT 2023

RELIEF NEPAL



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## FOREWORD

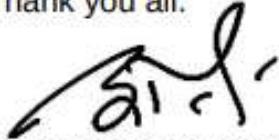
Relief Nepal, Sindhuli is committed to deliver quality humanitarian and development services to the community where we work. Our services are dedicated to improve the quality of life of poor, most disadvantaged and vulnerable people especially the women, children, dalit and indigenous ethnic groups in Nepal. This annual report highlights the Relief Nepal's achievements made from the implementation of programme in 2023.

Relief Nepal focused its intervention in five thematic areas namely in Child Protection, Livelihood, WASH, Education and Disaster Risk Reduction. We believe that the report supports to understand changes in life of the community, lesson learnt during programme implementation and role of stakeholders in project concerned.

Relief Nepal would express our sincere appreciation to the community members and local government who work together with our team to implement project successfully to bring change in the community. We are grateful to District Coordination Committee, District Administration Office, Agriculture Knowledge Center, District Education Development and Coordination Unit, Sindhuli Hospital, Health Office Sindhuli, DLPIU (Education) for their cooperation and support in project implementation in Sindhuli and other districts.

Further, we would like to thank all development partners namely Local Government, World Vision International Nepal, All Hands and hearts, NAATAN world wide for trusting Relief Nepal as partner and providing financial and technical assistance. We are grateful to political parties and journalist for creating enabling work environment to projects. Relief Nepal appreciate the hard work of entire team for completing project within time and quality. We are committed to lean and continue improvement to serve our community effectively.

Thank you all.



Durga Raj Paudel  
Chairperson

# RELIEF NEPAL AT A GLANCE

Relief Nepal is a national Non-Government Organization dedicated to development and humanitarian services for better life of poor, disadvantaged and vulnerable people in Nepal. A group of conscious and energetic likeminded people formulated Relief Nepal as a philanthropic organization and registered in District Administration Office Sindhuli in 2002. Limited professional social organization to provide services to one of least developed Sindhuli district was the reason for organizing Relief Nepal.

Initially, it worked as Community Based Organization. Later in 2009, Relief Nepal affiliated in Social Welfare Council when it started accessing fund from international fund. Relief Nepal has its head office in Kamalamai Municipality of Sindhuli district with liaison office in Kathmandu and field offices in Makawanpur and Sarlahi districts.

Relief Nepal is committed to complement government for achieving the goals. The organization acts in coordination and collaboration with federal, provincial and local government.

We do partnership with international and national non-governmental organizations to end social evils of the society and bring positive change, in the lives of poor community children, youth, women, and marginalized sections with especial focus on under privileged children.





## VISION

SOCIETY WITH SOCIAL, ECONOMIC, POLITICAL AND GENDER EQUITY.

## MISSION

TO ENHANCE THE LIVELIHOODS OF CHILDREN, YOUTH, WOMEN AND MARGINALIZED SECTIONS OF THE SOCIETY THROUGH EMPOWERING THEM TO BE SELF-RELIANT SO THAT ENSURES THEIR MEANINGFUL PARTICIPATION IN DECISION-MAKING PROCESS IN THE SOCIETY AND ABLE TO ENJOY THEIR RIGHTS

## GOAL

VULNERABLE AND MARGINALIZED PEOPLE ESPECIALLY WOMEN, CHILDREN, YOUTHS AND PEOPLE LIVING WITH MARGINALIZED CONDITIONS ARE EMPOWERED AND PARTICIPATE IN DECISION MAKING PROCESS ABOUT THE ISSUES AFFECTING THEIR LIVELIHOOD

## TARGET GROUPS

WOMEN, CHILDREN, YOUTHS AND MARGINALIZED GROUPS

## FOCUSED PROGRAMME AREA

RELIEF NEPAL FOCUSES ITS INTERVENTION IN BOTH DEVELOPMENT AND HUMANITARIAN RESPONSE. KEEPING THE WOMEN, CHILDREN, YOUTH AND MARGINALIZED AT THE CENTER, RELIEF NEPAL IMPLEMENTS PROJECT ON 5 KEY THEMATIC AREA WHICH CONTRIBUTES TO SIX SDG GOALS DIRECTLY

# PROJECTS IN 2023

Project Name	Theme	Location	Fund/partnership
Integrated Protection and Community Engagement	Child Protection, Life skills education	Tinpatan, Phikkal & Golanjor Rural Municipality	World Vision International Nepal
School Reconstruction Program in Jhanjhane, Hariharpurgadhi Rural municipality	Education, Livelihood, DRM, Health, Protection and WASH	Sinduli	All Hands And Hearts
Emergency Response Program	DRM	Jajarkot	All Hands And Hearts
Creating Hope for Children, Women and Families	Health and Psychosocial	Hariharpurgadhi Rural/Municipality	NATAN Worldwide Disaster Relief
Fund for Child's Smile	Child Protection	Anywhere for child related response in Sindhuli	Relief Nepal
Emergency and Response Fund	DRM	Anywhere in disaster response	Relief Nepal

# Key Highlight In 2023



## Good Health and Well-being



## Gender Equality

- Provided counseling support for 7 cases related to domestic violence.
- Conducted 20 home visits.
- Preliminary health screenings were conducted for 8187 children across 130 community schools.
- Emergency and critical health assistance totaling Rs 524,509 was provided.
- Construction of separate boys and girls toilets in Tinpatan-5 to improve sanitation facilities.
- Establishment of a breastfeeding room in the ward office of Tinpatan-5 to supports maternal and child health.

- Conducted Female Mason Training program to develop construction skills among female beneficiaries.
- Conducted street drama at two locations: Gurje and Shree Hariharpur Secondary School.
- Provided stationary materials to a girl who was a victim of domestic violence.
- Rescued a woman who recently gave birth to a girl child and had faced domestic violence from her husband during the maternity period.
- Provided counseling support for 7 cases related to domestic violence.
- Facilitated child playgroups in Phikkal and Tinpatan Rural Municipalities.



## Clean Water and Sanitation

- Provision of BioSand Water Filtration System for drinking water access at Shree Janaprabhat Basic School and Shree Janayoti Basic School.
- Distribution of 1000 buckets with taps and lids for handwashing corners promoting hygiene practices



## Peace, Justice And Strong Institutions

- Conducted orientation sessions in Hariharpur Gadhi Ward number 3 (Ghante) and Ward number 2 (Sano Bakbar) to introduce violence and educate about the laws related to violence in Nepal.
- Provided support for victims regarding the law.
- Referred cases to the One-Stop Crisis Management Center (OCMC) and Safe House (four cases to OCMC, two cases to Safe House).
- Conducted an interaction program with SSP and CDO at Hariharpurgadhi Rural Municipality.

# Key HighLight In 2023



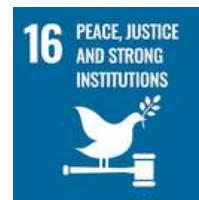
## Quality Education

- Construction of 12 Temporary learning Classrooms in two schools in Bheri municipality, Jajarkot.
- Construction of fully furnished classrooms, playground, amphitheater, and aesthetic upgradation of existing toilet blocks.
- Installed Lightning Protection System.
- Conducted life skill sessions at three schools: Shree Janaprabhat Basic School (4 sessions), Shree Bhanubhakta Secondary School (2 sessions), and Shree Hariharpur Secondary School (2 sessions).
- Construction of fully furnished classrooms and playground at Shree Janaprabhat Basic School.
- Conducted software training like Disaster Risk Management, First Aid, Child Right Protection, and Menstrual Hygiene training at Shree Janaprabhat Basic School
- Created job opportunities for local members in skilled, unskilled, and staff manpower roles.

- Number of total adolescent participants in the Rupantaran program: 42.
- Followed up and monitored Registered Children (RC): 5833.
- 39 adolescents who participated in Rupantaran and life skill training of trainers (TOT) also trained 818 children in 26 weeks including 20 groups of two peer leaders each conducted training session for a total of 567 children in the community.
- Total of 600 children were trained in life skill training from the age group 6-12 years.
- Support was provided to 29 schools in managing child classrooms in all 3 project working municipalities.
- Establishment of 3 Child Friendly Learning Centers in Tinpatan-5, Phikkal-5, and Tinpatan-11.
- Support provided for the repair and maintenance of CGI sheets at Shree Sharada Secondary School, Golanjor-4, ensures a conducive learning environment.
- Construction of compound wall fencing in 2 schools of Tinpatan-11 creates a safe and protective environment for children

## Emergency Response

- Supported vulnerable households with emergency relief materials and debris clearance in Bheri municipality, Jajarkot.
- Created job opportunities for local members in skilled, unskilled, and staff manpower roles.



## EMERGENCY RESPONSE PROGRAM

In response to the devastating earthquake that struck Jajarkot District, Karnali Province, on 3rd November, Relief Nepal swiftly initiated a comprehensive relief effort. The earthquake, measuring 5.8 in magnitude, resulted in the tragic loss of 153 lives and left at least 375 individuals injured. Notably, Bheri Municipality, Nalgad Municipality, Kushe Rural Municipality, and Chhedagad Municipality were significantly impacted.

Recognizing the urgency of the situation, we launched a comprehensive relief program to provide immediate assistance and contribute to the region's recovery. The earthquake's impact, particularly in Bheri and Nalgad Municipality, disproportionately affected vulnerable groups, including children, pregnant and lactating women, and the elderly, who battled not only the trauma and uncertainty in the aftermath but also the severe cold, elevating the urgency of the humanitarian crisis.

Based on ground assessments, it was found the need for a multifaceted approach addressing immediate needs and laying the foundation for sustainable reconstruction in Shree Bheri Primary School and Shree Bhagwati Secondary School.

This program focus on the well-being and education of the community by establishing temporary learning centers (TLC) for immediate educational needs and working towards the creation of a community school and also aiming in raising awareness in schools and communities on Menstrual Hygiene Management and Child Rights by forming a Child Club and implementing Water, Sanitation, and Hygiene (WASH) practices along with Disaster Risk Management.



# CREATING HOPE FOR CHILDREN, WOMEN AND FAMILIES



Relief Nepal with the support of NATAN, Israel and All Hands and Hearts, USA. With the collaborative work, we were able to identify the situation of Women and children at risk and distress in Sinduli district, highlighting their vulnerability to various distressing circumstances.

The issues in Sinduli district go beyond economic challenges, there are also issues such as human trafficking, rape, and domestic violence. The harsh realities faced by women and children in distress, coupled with the psychosocial challenges experienced by families of migrant workers, create a complex web of issues that necessitate a targeted and sustainable response.

The proposed program is a response to the multifaceted challenges faced by the community. By acknowledging the prevalence of human trafficking, instances of rape, and domestic violence, the program takes a comprehensive approach to uplift the socio-economic and psychosocial well-being of the residents.



The primary goal of the program is to work with women and children at risk and distress aiming to address the vulnerability through psychosocial aid for migrant workers and their families. It also aims to raise awareness and use knowledge and skills to understand and address the difficulties related to human trafficking, violence based on gender and larger socio economic problems in the community. The program is being implemented in Hariharpurgadi Rural Municipality in ward no 2,3.

# INTEGRATED PROTECTION COMMUNITY ENGAGEMENT AND SPONSORSHIP PROGRAM



Relief Nepal has organized a cohesive team of 20 members to manage the project. This team has worked diligently to improve community understanding and ownership of child sponsorship, as well as participation in child protection mechanisms. Efforts include constant monitoring of 5833 Registered Children (RC) and raising awareness among community members and children about the importance of child monitoring and government child protection mechanisms.

Advocacy has led to increased support for vulnerable individuals' rights and improved access to local government services, with commitments from RC children and their families to prevent child marriages.

The project has also successfully facilitated child playgroups in two rural municipalities. Health screenings for 8187 children across 130 community schools have been conducted through health camps organized within the schools. Additionally, support has been provided to 29 schools in managing child classrooms, including emergency and critical health assistance totaling Rs 524,509.

Relief Nepal in Partnership with World Vision International Nepal (WVIN) is implementing Integrated Protection and Integrated Protection, Community Engagement and Sponsorship Program (CESP). The program is being implemented in 16 wards of 3 Rural Municipalities namely Golanjor, Phickal and Tinpatan.

The program aims to achieve 4 outcomes

1. Community partners understand and utilize child sponsorship to care for children and enable children, families and communities to have life enriching experiences.
2. Child Protection system and services are functional
3. Children, with support from caregivers, are resilient and able to respond to CP issues.
4. Community including faith groups and teachers are actively engaged in providing protective environment for the children



The Integrated Protection & Community Engagement (IPCE) program, with a total budget of NPR 31,700,845, aims to empower RC children and their families to participate in local-level planning. Notably, 256 adolescents have participated in Rupantaran Life Skills and self-defense training.

# SCHOOL RECONSTRUCTION PROGRAM IN JHANJHANE, HARIHARPURGADHI RURAL MUNICIPALITY

In response to the devastating earthquakes that struck Nepal in 2015, causing widespread destruction, the School Reconstruction Program in Jhanjhane, Hariharpurgadhi Rural Municipality was initiated. These earthquakes significantly impacted the education sector, leaving many schools in ruins and disrupting the learning environment for thousands of children. Shree Bhanubhakta Secondary School, serving approximately 250 students, faced considerable challenges post-earthquake. Despite efforts to repair and construct buildings, the school continued to operate in substandard conditions, with classes held in damaged structures or Temporary Learning Centers (TLCs).



Furthermore, the provision of furniture, playgrounds, and gardens will enhance the overall learning experience and promote physical and mental well-being. Additionally, community-led projects will address specific needs, fostering empowerment and sustainable development. Overall, the program aims to create a conducive educational environment while positively impacting the health and hygiene practices of the school community.

The target beneficiaries of this program include the 250 students and 13 teachers of Shree Bhanubhakta Secondary School, along with the surrounding community. Upon completion, the program will provide safe and conducive learning environments by establishing six classrooms, upgrading existing toilet facilities, and ensuring access to hygienic drinking water.

The primary objective of the program is to enhance access to education and promote good health and hygiene practices among the students of Shree Bhanubhakta Secondary School. Specifically, the program aims to construct two permanent buildings comprising three rooms each, as per the government-approved design standards. Additionally, it seeks to improve sanitation facilities through the aesthetic upgrade of toilets and the provision of bio-sand water filtration systems. Handwashing stations will be installed to promote hygiene, while efforts will be made to develop playgrounds and gardens for recreational and environmental benefits. The program also includes community-led projects based on local needs, such as female mason training for empowerment and job creation for the Nepalese community.



## FUND FOR CHILD SMILE



The "Fund for Child Smile" project was established by Relief Nepal in the year 2075 B.S. The project initially relied on funds contributed by Relief Nepal staff members, board members, friends, and relatives to operate its programs. Over time, additional donors joined to support the project's objectives.

The project aims to address the needs of children under 18 who face various risks, including violence, misbehavior, discrimination, false promises by others, kidnapping, differently abled children, organ trafficking, accidents, and even death in Sinduli district.

Children are categorized into high risk, middle risk, low risk, and no risk levels based on the severity of these risks.

Children enrolled in the project receive necessary support according to their risk level, including counseling, education, scholarships, stationery, life skill training, and health assistance.

In addition to its core mission, the project has undertaken several supplementary initiatives to further its impact. Through these efforts, the Fund for Child Smile project aims to create a safer and more supportive environment for children in Sinduli District.

# SPOTLIGHT ON SUCCESS: A JOURNEY FROM VICTIM TO ADVOCATE AGAINST DOMESTIC VIOLENCE



Yamuna Rai's currently serving as a female community health volunteer life experienced a drastic turn from joy to misery when she fell victim to domestic violence. It started with an innocent affection from a man who followed her to school when she was just studying in grade nine, soon escalated into a nightmare of abuse. They both got married after certain time and the marriage turned into both verbal and physical abuse within days of marriage. Despite the birth of her beautiful 3 children, the abuse continued.

During the time she was staying in Hetauda. But later she moved to Hariharburgadi with the family after getting invitation from her in-laws to live together. Yamuna's life took a hopeful turn when she relocated to Hariharburgadi and became a female community health volunteer in 2019. Though the abuse continued, she remained silent, as her husband doubt about her character and have fear of societal judgements.

Her path to empowerment began unexpectedly at a program organized by Relief Nepal in partnership with NATAN, which was aimed at addressing domestic violence. She didn't wanted to join any programs initially, but since someone recommended her name, she had to attend. Yamuna found herself resonating deeply with the stories shared and felt connected to the stories she heard. After that she participated all the program's phases where she learned invaluable lessons about the impact of domestic violence and strategies for coping and intervention.

Now she feel armed with newfound knowledge, Yamuna took a courageous step and confronted her husband, through the techniques she had learned. To her surprise, her efforts bore fruit, marking a turning point in their relationship. Encouraged by her children's love and her husband's surprising unexpected support Yamuna found the strength to overcome past feelings of hopelessness.

Inspired by her fellow friends' advocacy work in the community against domestic violence, Yamuna started on a journey of her own, determined to make a difference in her community. Despite facing threats and intimidation at the beginning, she stood firm in her resolve due her husband's constant support she was able to get success in her first attempt.

With each small victory, Yamuna's confidence grew, and her reputation as an inspiration of hope in her community blossomed. Through her dedication and determination, she not only helped victims of domestic violence but also witnessed a transformation in her own life and marriage. Today, Yamuna stands as a testimony to the power of resilience and the possibility of change. Her story serves as an inspiration to others, proving that with courage, support, and determination, it is possible to break free from the chains of abuse and create a brighter future for oneself and others.

# FINANCIAL OVERVIEW

## Relief Nepal

Kamalamai- 6, Sindhuli

### Statement of Income & Expenditure

For the Year Ended on 31 Ashad, 2080 (16 July, 2023)

Particular	Notes	31 Ashad 2080	31 Ashad 2079
<b>Income</b>			
Opening Project Grant Balance	7	6,572,970.18	5,870,156.33
Grant Received During The Year	8	69,789,689.79	92,807,390.41
Other Income		51,459.00	8,886.25
<b>Total Grant Received</b>		<b>76,414,118.97</b>	<b>98,686,432.99</b>
Less: Balance Grant Amount	9	5,974,766.28	6,572,970.18
<b>Net Grant Amount</b>		<b>70,439,352.69</b>	<b>92,113,462.81</b>
Core Fund Income	10	1,196,540.97	2,651,010.08
<b>Total Net Income</b>		<b>71,635,893.66</b>	<b>94,764,472.89</b>
<b>Expenditure</b>			
<b>Project Expenses</b>			
Programme Expenditure	11	60,264,381.01	80,608,474.26
Administrative Expenses	12	10,014,945.68	11,354,368.55
Capital Expenditure	14	160,026.00	150,620.00
<b>Organizational Core Expenses</b>			
Programme Expenditure		76,008.75	-
Administrative Expenses	13	1,997,244.22	21,000.00
Depreciation Expenses (Core and Granted Assets)	4	231,314.38	249,902.29
<b>Total Expenditure</b>		<b>72,743,920.04</b>	<b>92,384,365.10</b>
<b>Surplus/(Deficit) For the year</b>		<b>(1,108,026.38)</b>	<b>2,380,107.79</b>
<b>Surplus/(Deficit) Transferred to Unrestricted Funds</b>		<b>(1,108,026.38)</b>	<b>2,380,107.79</b>

Accounting policies and notes to the accounts are integral part of this financial statements

As Per Our Report of Even Date



Siddhartha Adhikari

Admin &amp; Finance Officer



Sabita Kumari Dhakal

Treasurer



Durga Raj Paudel

Chairperson




Shesh Mani Dahal

Senior Partner

SDR Associates

Chartered Accountants

